



March 2022 Rosa Coplon Living Center's Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Movies are aired every Evening at 7:00 PM on Channel 18		1 Mardi Gras 10:00 Relax to Nature-Ch. 18 10:30 Mardi Gras Cart On the 1 st Floor 1:30 Tai Chi Exercises-Ch. 18 2:00 Mardi Gras Cart On the 3 rd Floor 7:00 Current Release-Ch. 18	2 ASH WEDNESDAY 10:00 Howdy Doody-Ch. 18 10:00 Exercise to Music-3AB 10:00 Word Games on 1CD 2:00 Catholic Service-Ch. 18 2:00 Horse Racing-1AB 2:30 Crafts-3CD 3:30 Reminiscing on 3AB	3 10:00-Cruise Northern Europe on Channel 18 10:00 Adult Coloring-1AB 10:00 Pet Visits with Luna 2:00 Activity Cart on 1CD 2:30 Christian Service-Ch. 18 3:00 Floor Games-3AB 7:00 "Vertical Limit" on Ch. 18	4 10:00- Highway to Heaven on Ch. 18 10:00 Bingo-1AB 1:30 Exercises on Ch. 18 2:00 Alfie Allesandra Sings in the 3 rd Library 7:00 "Friends"-Season 2 on Channel 18	5 10:00-Tai Chi Shown on Ch. 18 10:00 Who Am I?-1CD 11:00 Jewish Service-Ch. 18 2:00 Bingo-3CD 3:15 Name That Tune-3AB 7:00 Movie "Frequency" Shown on Ch. 18
	6 9:00-Sophisticated Ladies Shown on Channel 18 10:00 Bingo on 1AB 11:00 Catholic Mass on Ch. 18 2:00 Trivia on 3CD 3:30 Finish the Phrase on 3AB 7:00 "The Whole Ten Yards" Shown on Channel 18	7 10:00-Roy Rogers-King Of the Cowboys-Ch. 18 10:00 Bingo on 1CD 1:30 Simply Seated Exercises Shown on Channel 18 2:00 Super keno on 3CD 3:00 Activity Cart-3AB 7:00 "Dog Whisperer" on Ch. 18	8 10:00-Relax to Nature 10:00 Adult Coloring-1AB 11:00 Name That Tune-3AB 2:00 Music and Snacks-3CD 2:00 Horse Racing-1CD 3:00 Individual Activities On various Units 7:00 Current Release-Ch. 18	9 10:00-Howdy Doody Shown on Ch. 18 10:00 Exercise to Music-3AB 10:00 Music Hour on 1AB 2:00 Catholic Service-Ch. 18 2:00 Trivia on 1CD 2:30 Odd/Even Game-3CD 3:30 Music and Snacks-3AB	10 10:00-Cruise Alaska On Channel 18 10:00 Music Choice on 3CD 10:00 Adult Coloring-1CD 2:00 Crafts on 1AB 2:30 Christian Service-Ch. 18 3:00 Activities Cart-3AB 7:00 "Flight Plan" on Ch. 18	11 10:00- Highway to Heaven on Ch. 18 10:00 Who Am I on 3AB 10:00 Individual Activities-3CD 1:30 Exercises on Ch. 18 2:00 Bingo on 1AB 7:00 "Friends"-Season 2 on Channel 18
13 9:00-Tony Bennett: The Music Never Ends-Ch. 18 10:00 Horse Racing on 1AB 11:00 Catholic Mass on Ch. 18 2:00 Adult Coloring on 3CD 3:30 Music Hour on 3AB 7:00 "12 Mighty Orphans" Shown on Channel 18	14 10:00-The Roy Rogers Collection on Ch. 18 10:00 Card Game "21"-1CD 1:30 Individual Activities-3C 3:00 Protestant Service In the Activities Rm 7:00 Movie "The Last Castle" Shown on Ch. 18	15 10:00-Relax to Nature Shown on Channel 18 10:00 Truth or Blarney-1AB 10:00 Adult Coloring-3AB 2:00 Truth or Blarney-3CD 2:00 Bingo-1CD 7:00 Current Release Movie Shown on Ch. 18	16 Festival of Purim 10:00 Shirley Temple-Ch. 18 10:00 Fine Art Miracles Act. Rm 10:00 Name That Tune-1AB 1:30 Catholic Mass-Act. Rm 2:00 Remember When-3AB 3:30 Individual Activities 7:00 The Huberman Festival Ch. 18	17 St. Patrick's Day 10:00 "I Am Patrick"-Ch. 18 10:00 Irish Music on 1AB 10:00 Shamrock Bingo-3CD 2:00 Shamrock Bingo-1CD 2:30 Christian Service-Ch. 18 3:00 Irish Music on 3AB 7:00 "The Interpreter"- Ch. 18	18 10:00-Highway to Heaven on Ch. 18 10:00 Nutrition in the News-Food Committee-Act Rm 10:00 Activity Cart-1CD 2:00 Card Game "21"-1AB 2:00 Activity Cart-3AB & 3CD 7:00 "Friends" on Channel 18	19 10:00-Tai Chi Shown on Ch. 18 10:00 Trivia on 1CD 11:00 Jewish Service on Ch. 18 2:00 Card Game "21"-3CD 3:15 Music and Snacks-3AB 7:00 Movie "The Patriot" Shown on Ch. 18
20 9:00-Hymn Sing-Atlanta Shown on Channel 18 10:00 Super Keno-1AB 11:00 Catholic Mass on Ch. 18 2:00 Music and Snacks on 3CD 3:30 Active Games on 3AB 7:00 Movie "The Guys" shown on Channel 18	21 10:00-The Roy Rogers Collection on Ch. 18 10:00 Current Events-1CD 1:30 Activity Cart on 3CD 2:00 Horse Racing on 1AB 3:00 You Pick the Music-3AB 7:00 "Song to Song" Shown on Ch. 18	22 Celebrate Nutrition!!! 10:00 Relax to Nature-Ch. 18 10:00 Nutrition Cart-1 st Floor 1:30 Tai Chi Exercises-Ch. 18 2:00 Nutrition Cart-3 rd Floor 2:00 Bingo on 1AB 3:30 Exercise to Music-3AB 7:00 Current Release-Ch. 18	23 10:00-Shirley Temple "Dimples"-Ch. 18 10:00 Google Music-3CD 10:00 Adult Coloring-1CD 2:00 Catholic Service-Ch. 18 2:00 Google Music-1AB 3:30 Activities Cart-3AB 7:00 "Carson County"-Ch. 18	24 10:00-Travel From Arizona to Alaska-Ch. 18 10:00 Floor Games on 3AB 10:30 Resident Council-Act Rm 2:00 Crafts on 3CD 2:00 Card Game "21"-1CD 2:30 Christian Service-Ch. 18 3:00 Who Am I?-3AB	25 10:00- Highway to Heaven on Ch. 18 10:00 Crafts on 1AB 1:30 Exercises on Ch. 18 2:00 John Renna sings in the 3 rd Floor Library 3:15 Sing Along-3AB 7:00 "Friends" on Channel 18	26 10:00-Tai Chi Shown on Ch. 18 10:00 Bingo on 1CD 11:00 Jewish Service on Ch. 18 2:00 Horse Racing on 3CD 3:15 Music and Snacks-3AB 7:00 "The Cheap Detective" Shown on Ch. 18
27 9:00-My Favorite Broadway Shown on Channel 18 10:00 Music Choice on 3CD 11:00 Catholic Mass on Ch. 18 2:00 Super Keno on 1AB 3:30 Floor Games-3AB 7:00 "The Big Chance" Shown on Ch. 18	28 10:00-The Roy Rogers Collection on Ch. 18 10:00 Trivia on 1CD 1:30 Individual Activities-3C 3:00 Protestant Service Activities Room 7:00 "The Italian Job" Shown on Ch. 18	29 10:00-Relax to Nature Shown on Channel 18 10:00 Music Choice on 1AB 10:00 Bubbles and Music-3AB 2:00 Family Feud on 3CD 2:00 Horse Racing on 1CD 3:30 Activity Cart on 3AB 7:00 Current Release-Ch. 18	30 10:00-Shirley Temple Movie on Ch. 18 10:00 Adult Coloring on 3CD 10:00 Family Feud on 1CD 2:00 Catholic Service-Ch. 18 2:00 Bingo on 1AB 3:30 Music and Snacks-3AB 7:00 "Heaven" on Ch. 18	31 10:00-Travel From Texas to Yellowstone-Ch. 18 10:00 Card Game "21"-1AB 10:00 Scattegories on 3CD 2:00 Odd/Even Game-1CD 2:30 Christian Service-Ch. 18 3:00 Remember When-3AB 7:00 Classic Commercials Ch. 18		