Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		anuary 20	21	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	Ch. 18 1:30 Exercise Ch. 18 No Cocktail Cart – Check Mailroom for Updates	10:00 Tai Chi Ch. 18 2 11:00 Jewish Services Ch. 18
*	FC	REST CREEK & MEADO			2:30 Movie Ch. 18 7:00 Movie Ch.18 New Year's Day	7:00 Movie Ch. 18
11:00 Catholic Mass 3 Ch.18	** NEW BINGO BOARDS 4	10:00 Relax to Nature 5 Ch. 18	10:00 Classic Movie 6 Ch. 18	10:00 World Travel Ch.18 7	10:00 Andy Griffith Show Ch. 18	10:00 Tai Chi Ch. 18 9
1:00 Buffalo Bills v. Miami Dolphins Ch. 4	10:00 Comedy Show Ch. 18 1:30 Exercise Ch. 18	1:30 Exercise Ch. 18	1:30 Exercise Ch. 18	1:30 Exercise Ch.18	1:30 Exercise Ch. 18 2:30 Sam's Goodbye Party Cart	11:00 Jewish Services Ch. 18
2:00 Movie Ch. 18 7:00 Movie Ch. 18	7:00 Movie Ch. 18	7:00 Movie Ch.18	2:00 Catholic Service Ch. 18 7:00 Movie Ch. 18	7:00 Movie Ch. 18	2:30 Movie Ch. 18	7:00 Movie Ch. 18
Ch.18	** NEW BINGO BOARDS 11	10:00 Relax to Nature 12 Ch. 18	10:00 Classic Movie 13 Ch. 18	10:00 World Travel Ch.18 14	10:00 Andy Griffith Show Ch. 18	10:00 Tai Chi Ch. 18 16
2:00 Movie Ch. 18	10:00 Comedy Show Ch. 18 1:30 Exercise Ch. 18	1:30 Exercise Ch. 18	1:30 Exercise Ch. 18	1:30 Exercise Ch.18	1:30 Exercise Ch. 18 2:30 Forest Creek Cocktail Cart	11:00 Jewish Services Ch. 18
7:00 Movie Ch. 18	7:00 Movie Ch. 18	7:00 Movie Ch.18	2:00 Catholic Service Ch. 18 7:00 Movie Ch. 18	7:00 Movie Ch. 18	2:30 Music with Lorna Czarnota Ch. 19 7:00 Movie Ch.18	7:00 Movie Ch. 18
11:00 Catholic Mass 17 Ch.18	** NEW BINGO BOARDS 18	10:00 Relax to Nature 19 Ch. 18	10:00 Classic Movie 20 Ch. 18	10:00 World Travel Ch.18 21		10:00 Tai Chi Ch. 18 23
	10:00 Comedy Show Ch. 18 1:30 Exercise Ch. 18	1:30 Exercise Ch. 18		1:30 Exercise Ch.18	1:30 Exercise Ch. 18 2:30 Meadows Cocktail Cart	11:00 Jewish Services Ch. 18
7:00 Movie Ch. 18		7:00 Movie Ch.18	2:00 Catholic Service Ch. 18 7:00 Movie Ch. 18	7:00 Movie Ch. 18	2:30 Movie Ch. 18 7:00 Movie Ch.18	7:00 Movie Ch. 18
11:00 Catholic Mass 24 Ch.18	Martin Luther King Day ** NEW BINGO BOARDS 25	10:00 Relax to Nature 26 Ch. 18	10:00 Classic Movie 27 Ch. 18	10:00 World Travel Ch.18 28		10:00 Tai Chi Ch. 18 30
2:00 Movie Ch. 18	10:00 Comedy Show Ch. 18 1:30 Exercise Ch. 18	1:30 Exercise Ch. 18		1:30 Exercise Ch.18	1:30 Exercise Ch. 18 2:30 Birthday Concert with Kathy Carr Ch. 18	11:00 Jewish Services Ch. 18
7:00 Movie Ch. 18	7:00 Movie Ch. 18	7:00 Movie Ch.18Ch.18	2:00 Catholic Service Ch. 18 7:00 Movie Ch. 18	7:00 Movie Ch. 18	2:30 Forest Creek Cocktail Cart 7:00 Movie Ch.18	7:00 Movie Ch. 18
Activity Professionals Week 11:00 Catholic Mass Ch.18 31	※ ※	Australia Day (observed) For activity o	questions or suggestions, p	blease call Holly Steeg at 6		*
2:00 Movie Ch. 18 7:00 Movie Ch. 18	*			the mailroom for activity up nd crafts will be left on the		