



## **Weinberg Campus To Offer Free Home Safety Evaluations From Registered Nurses In Honor of National Home Care Month**

**Amherst, New York (October 30, 2018)** –Registered nurses from the Weinberg Campus Certified Home Health Agency are offering free, in-home safety evaluations for adults ages 65 plus. The evaluation includes a basic 30- to 60-minute home safety assessment, falls prevention guidance and recommendations to improve health and safety in the home.

“Falls and other common injuries that happen at home do not have to become an inevitable result of aging,” says Stephanie Crafts, clinical services manager of Weinberg’s home care program. “Through evidence-based fall prevention techniques, our home care nurses can help to reduce the risk of injuries,” adds Crafts.

Each year three million older adults are treated in emergency departments around the U.S. for fall-related injuries. One out of every five falls causes serious harm.<sup>1</sup> For some, a bad fall may make it difficult, if not impossible to return home during recovery, which then leads to expensive hospital, rehabilitation or nursing home care.

“Many patients prefer to recover at home. Home care programs like Weinberg’s not only prevent injuries in the first place, but can help people recover should an illness or injury strike,” says Crafts. “Home care can be a convenient, comfortable and economical option for many people.” For a typical hospital stay, Medicare pays nearly \$2,000 per day and \$450 per day for a typical nursing home stay. Home care costs less than \$100 a day and helps many older adults remain independent and living full lives at home.<sup>2</sup>

Complimentary in-home screenings kick off November 1 to coincide with National Home Healthcare Month. To schedule a free home safety evaluation, call (716) 639-3311 ext. 2417 or email [scrafts@weinbergcampus.org](mailto:scrafts@weinbergcampus.org).

### **About Weinberg’s Certified Home Care Agency**

The Weinberg Campus Rosa Coplon Certified Home Health Agency has proudly provided quality home care to residents of Erie County since 1987. Our professional team of registered nurses, aides, therapists and social workers deliver personalized care, while working closely with each individual’s physician.

(more)

**Skilled nursing services include:**

- Disease management and teaching
- Care after an illness, injury, hospital or inpatient physical therapy stay
- Medication management and teaching
- Wound care
- Care coordination

**In addition, the following support services are available:**

- Physical, Occupational and Speech therapy
- Nutritional support from registered dietitians
- Home health aides
- Medical social work

All major insurances are accepted. For more information, please call (716) 69-3311 ext. 2417 or visit <https://www.weinbergcampus.org/In-Home-Services/Home-Health-Care.aspx>.

<sup>1</sup>Source: CDC senior falls statistics and recommendations

<https://www.cdc.gov/homeandrecreationalafety/falls/adultfalls.html>

<sup>2</sup>Source: National Association for Home Care & Hospice

<https://www.nahc.org/wp-content/uploads/2017/10/Press-Release-Template.pdf>