



## **The Benefits of Volunteering at Weinberg Campus**

There are many reasons why volunteering could be of benefit to you and those that you volunteer for. Volunteering can provide you with a “Sense of Purpose”. Helping others and contributing to their daily schedule can have more of an impact than you may be aware of.

At Weinberg Campus, many of our residents do not have family that live close by. Consequently, they receive very few visits. If you decide to visit with one or two of our residents, you might be able to establish a friendship with them. Just taking the time to visit with them, sharing the day-to-day happenings that affect you and possibly our family could be very meaningful to our residents. More importantly, what you can learn from our residents would astonish you. Can you imagine what your life would be like without the use of an iPhone, the internet or television? Most of our residents grew up during their teenage years without a television in their homes. Walking to school and attending college was more the exception than the rule. So much could be shared and learned if you decided to volunteer as a “friendly visitor”.

Maybe you are on the “shy side” and wouldn’t feel comfortable visiting people on an individual basis. You and your friends or family could volunteer as a group. WE are always looking for volunteer groups to assist staff with bingo games, parties and socials. At the Jewish holiday times, we look for volunteers to assist residents with escorting them to the various services. We are always in need of volunteers to help at our Passover Seder.

Do you have a special talent or interest that you would like to share with others? Perhaps you like to sing, dance, play an instrument or engage in art activities. This might be a volunteer project that our residents would love to see. We have had several volunteer groups put on performances for our residents. Not only would you have the experience of showcasing your talents to others, but our residents would benefit from knowing that you took the time to bring enjoyment to their lives.

In the future, if you are looking for meaningful volunteer opportunities, please consider Weinberg Campus. With our Campus facilities ranging from independent living to 24-hour skilled nursing care, I’m sure there is a volunteer opportunity that will not only be meaningful to our tenants but more importantly, be meaningful to you!

Please contact our Volunteer Coordinator, Jan Treinin at 639-3311; ext. 2313, for any volunteer questions.